

A Natural Way To Heal

Traditional Chinese Medicine (TCM) enhances your recuperative power and immunity to promote natural healing. It also improves physical and emotional health and overall wellbeing. As a natural way to heal, we currently treat the following:

Stress, Anxiety & Depression
Sinusitis, Allergies & Asthma
Cold, Flu, Bronchitis
Sciatica & Lower Back Pain
Chronic Fatigue Syndrome
Fibromyalgia
Arthritis, Neck & Joint Pain
Migraines, Headaches & Hypertension
Sports Injuries
Weight Loss
Infertility, PMS, Menopausal Issues
IBS, Acid Reflux, Digestive Problems
& many more...

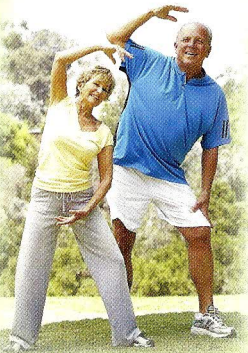


Our Services Also Include:

Hypnotherapy
HypnoPuncture

Treating conditions such as:
Quit Smoking
Weight Control
Pain Management
Sleep Disorders
Concentration & Memory

TucsonHypnoPuncture.com



WHAT TO EXPECT

Initial Consultation

Assess your current health needs
Review your health history
Discuss your ultimate health goals
Determine treatment frequency to meet your current & ultimate health goals

Treatments

The procedure is painless
Tiny, hair thin needles (used only once) are placed on the body to balance & empower your natural healing energy
Your treatment will be 20-60 minutes in length
We offer Private Healing Suites and Semi Private Healing Alcoves

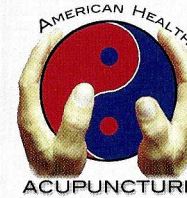


Traditional Chinese Herbs

Traditional Chinese Medicine (TCM) includes Acupuncture, Medicinal Chinese Herbs, TuiNa, Meditation, Diet, ChiGong and Lifestyle Changes.

The Medicinal Herbs effectively regenerate, rebuild, detoxify and invigorate our organs, tissues and bones. The herbal formulas are designed to work directly with our organs to regain their balance so they are able to perform their functions correctly.

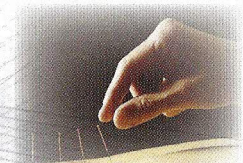
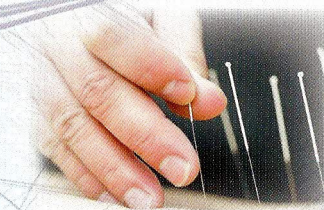
The Acupuncture opens up the channels so the energy can flow freely; this helps the body to heal. When using the herbs in conjunction with Acupuncture, the effectiveness of both increases.



PEOPLE ARE TALKING

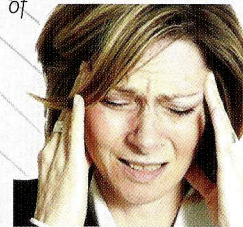
"I never thought acupuncture could do anything to relieve my lower back pain. But after a couple of treatments, I was sold for life. I have a herniated disk that gives me problems a few times a year. I am a police officer and to do my job I have to be 100%. After hurting my back it would usually take 1-2 weeks to get back to normal. After having acupuncture, my recovery time is cut in half. Thanks to American Health Acupuncture I can get back to work protecting our community."

Officer Daniel Heltemes
AZ Dept. of Public Safety



"The team at AHA worked "miracles" on my neck and back pain, herniated disk circulatory system, immune system, lack of energy, emotional traumas and depression. They helped me to gain a renewed sense of strength, courage, love and understanding of myself and my world."

Karen Snyder, Retired RN



Are you ready to feel better?

It's so much more than just needles

You have to experience it to understand it